



Embody® Chairs



Embody.

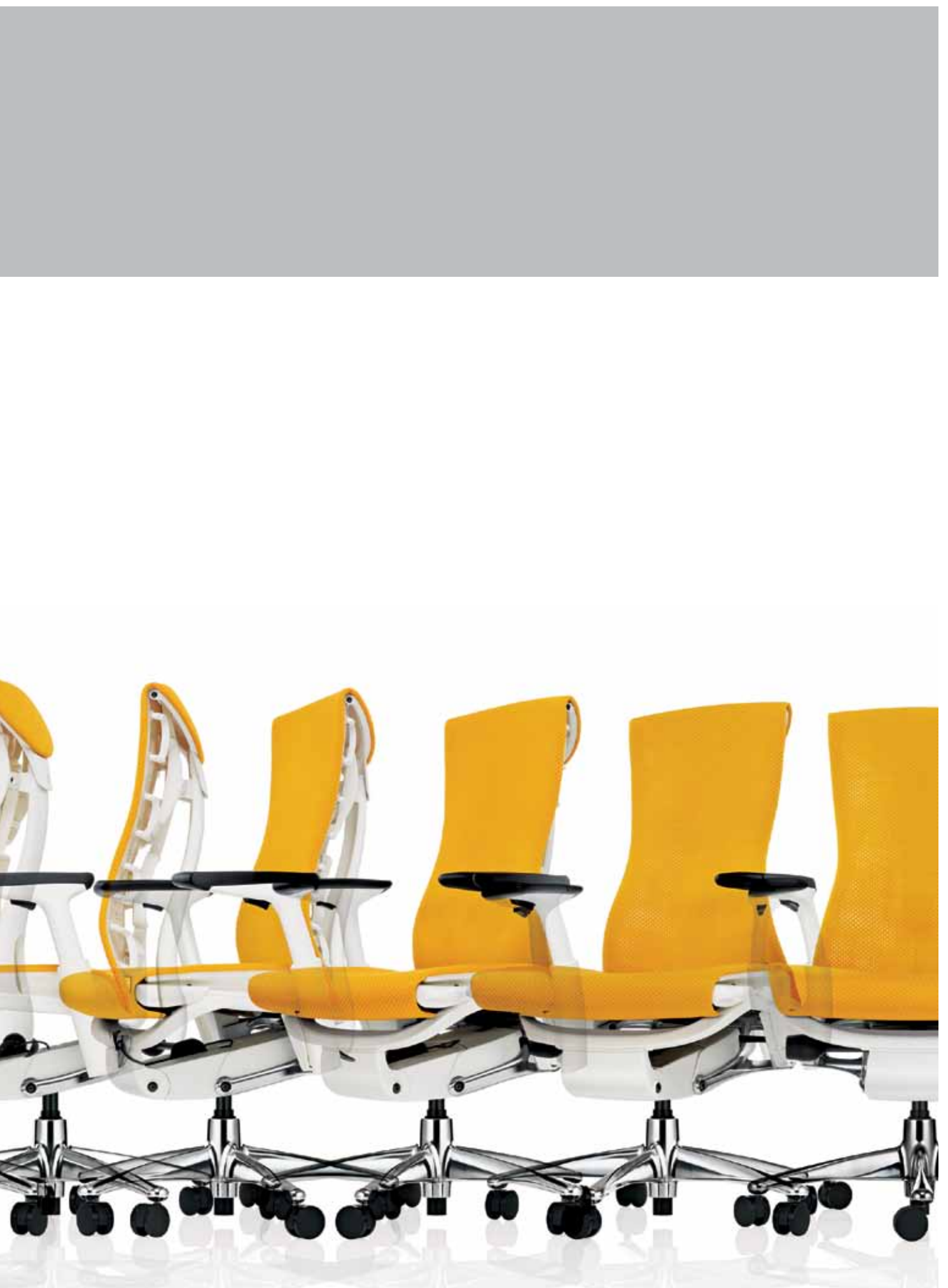
The chair designed
to support your body
and your mind.



A chair like no other.

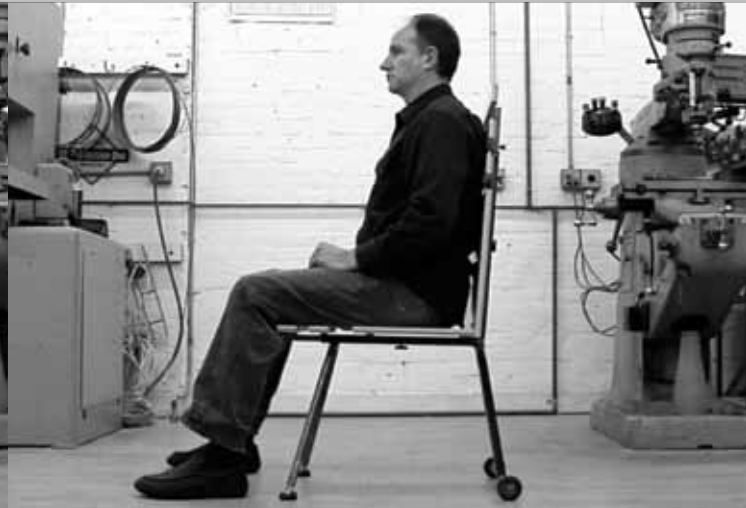


HermanMiller



Conscious sitting.

Have you ever wondered why you sit the way you do? Have you ever questioned whether your chair is supporting you the way it should? Sitting properly matters. It keeps us alert, attentive, refreshed and invigorated. Embody redefines the way we sit at work. It brings consciousness to an unconscious action.

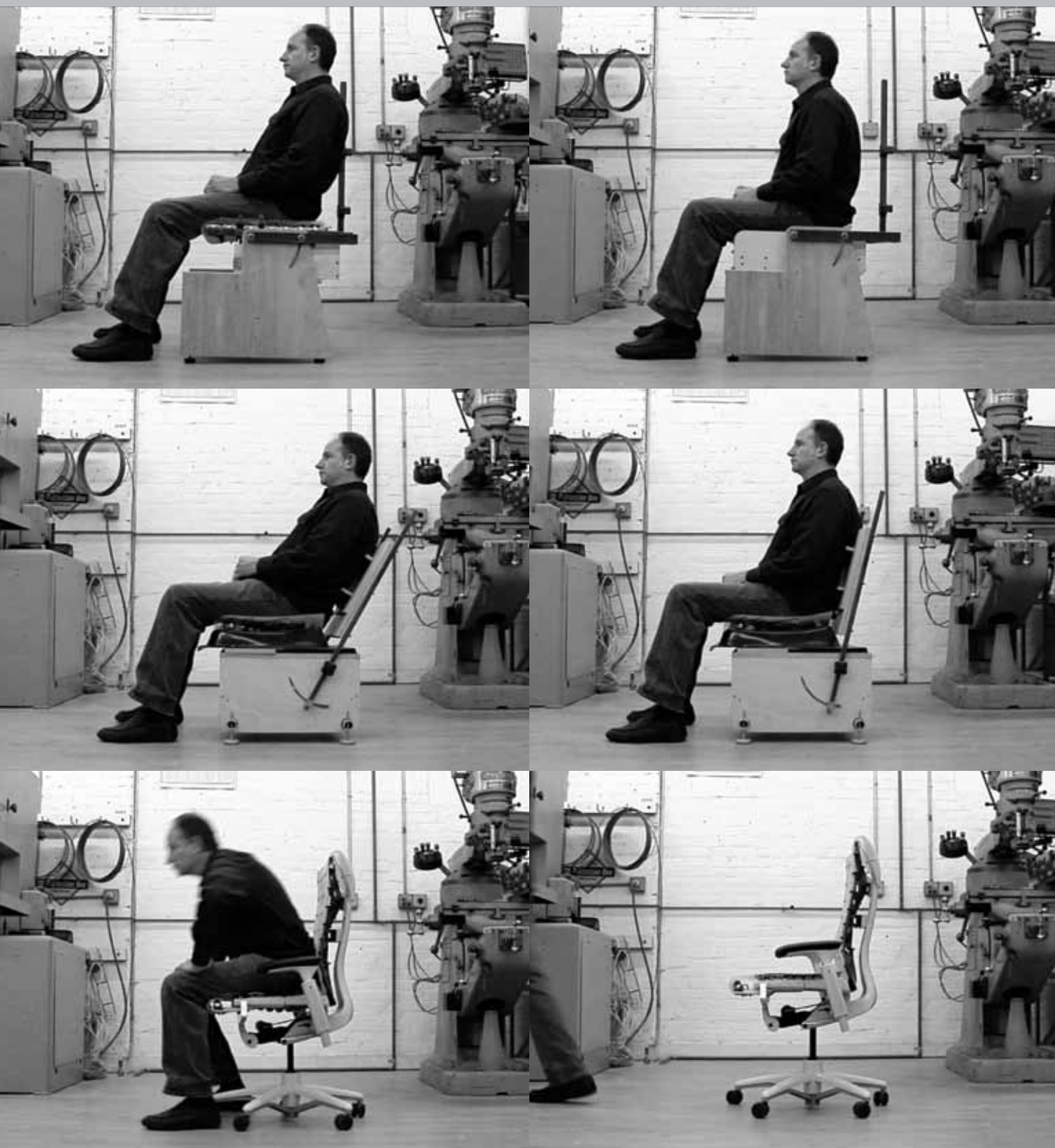


Jeff Weber, Principal and lead designer, Studio Weber + Associates



Form and function for all.

With Embody what you see isn't what you get. You can't communicate comfort – you have to feel it. Sit in Embody and you'll understand. Embody has been designed to fit you, your colleagues and your friends, unlike any other chair.



Bill Stumpf 1936-2006

True comfort is the
of awareness.
When a chair is a part
your body, it becomes
and you're not aware
of it at all.

Bill Stumpf. Designer of Ergon®, co-designer Equa®, Aeron®, and Embody chairs®.



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perfect fit for
mes 'invisible'
are

One size fits all.

Combining simple adjustments with instinctive design,
Embody fits a wide assortment of body sizes, shapes
and spinal curves in all kinds of workplaces.

**Embody is different
Because every
body is different.**

Task and goal orientated.

Embody recognises that people and their computers have a strained relationship. We sit and stare at our monitors for hours, motionless; clicking, typing and scrolling. Although our tasks are different and our bodies are different, we all share something in common and that is lack of movement isn't healthy for our bodies or our minds.

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An instinctive back.

Embody's back is inspired by the human spine. The back is alive. As you twist and turn in your chair, Embody moves with you. Its Backfit™ adjustment adapts to the unique curvature of your spine, holding your head in balance to your technology while you move freely and naturally.

Zoned support.

The Embody tilt provides three zones of support that introduce a new model of kinematics. The seat stabilises the pelvis, the backrest supports the entire spine and the recline redefines movement.



The working recline.

In the working recline, Embody shifts your weight to the chair's back, helping your head and eyes stay perfectly aligned with your computer display.

Reflective recline.

The support continues in Embody's maximum tilt position, allowing reflective tasks such as talking on the phone, stretching, and most importantly, thinking.



Narrow back.


Embody's frameless, narrow back allows your arms and shoulders to move more freely. This movement helps open your lungs and encourages deeper breathing, as well as more focused thinking.



Movement is good for you.

Our bodies and minds work best when they're in motion. Movement allows blood and oxygen to flow more freely around the body. This keeps your brain focused and muscles energised. Sit in Embody and experience movement like no other chair.





The feeling
of floating.

Embody's Pixelated Support™ technology is in both the seat and chair back. It automatically conforms to your body's micro-movements, distributing your weight evenly. This improves blood flow, lowers resting heart rate and eliminates discomfort and distractions. The feeling is as if you're floating in your chair.



A purposeful skin.

The exoskeletal form of Embody was inspired by the human spine, so we thought, why not make a chair's covering behave like skin? Herman Miller developed new textiles using spacer and knit constructions, the kind used in running shoes and geo-textiles. They cushion the sitter, are breathable, translucent and resilient. Every bit of material is purposeful. Nothing is wasted.

Colours, materials and finishes.

BALANCE TEXTILE



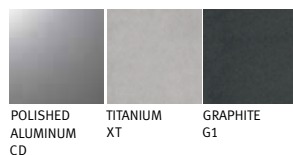
RHYTHM TEXTILE



FRAME



BASE



Herman Miller developed new textiles using spacer and knit constructions, the kind used in running shoes and geo-textiles. They are meant to enhance, not cover up. Contemporary colours pair with two frame colours and three base colours to simplify choice and appeal to universal tastes. Textiles are breathable, translucent and give added comfort.

More innovation. Less impact.

Of all the ideas that went into the design of the Embody chair, one of the biggest was to make the smallest possible impact on the environment. Embody is made from 42 percent recyclable materials and is 95 percent recyclable at the end of its useful life. Embody is McDonough Braungart Design Chemistry (MBDC) Cradle-to-CradleSM Silver certified.


12-year, 3-shift warranty.

Like all Herman Miller products, the Embody chair is durable for long-term performance and value. As a statement of our confidence in its quality, Embody is covered by the Herman Miller Warranty – a straightforward promise that we stand behind that quality. Embody is built to last.

Samples are representative of the material to be supplied and may not indicate an exact match; some variation may occur.

For more information about our products
and services or to see a list of dealers,
please visit us at:
www.hermanmiller.com/worldwide
or call +44 845 2267201

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